

# NORTH BAY COVID-19 RESOURCES

## HEALTH

**California Department of Public Health:** (916) 650-6416  
**Area Agencies on Aging (Seniors):** (800) 510-2020  
**Council on Aging (Seniors/Sonoma):** (707) 525-0143  
**Peer-Run Warm Line** (non-emergency emotional support):  
(855) 845-7415

## FOOD

**CalFresh:** (877) 847-3663  
Food Banks by County:  
**(Sonoma):** (707) 523-7900  
**(Solano):** (925) 676-7543  
**(Marin):** (415) 883-1302  
**(Napa):** (707) 253-6100

## EMPLOYMENT & FINANCIAL

**Unemployment Insurance claims:** (800) 300-5616  
**Up Valley Family Centers (Napa):** (707) 965-5010  
**Legal Aid of Sonoma County:** (707) 542-1290 or (707) 340-5610 (Seniors)  
**Christian Help Center (Solano):** (707) 553-8192

## INTERNET & UTILITIES

**Comcast Internet Essentials Program:**  
<https://www.internetessentials.com/>  
or (855)-846-8376

## REASSURANCE & SUPPORT

**Local Resources and Information:** Call (211) or [www.211info.org](http://www.211info.org)  
**Covia Well Connected (Senior resource line):** (855) 845-7415 or <https://covia.org/services/well-connected/>

# NORTH BAY COVID-19 资源

## 健康

**California Department of Public Health:** (916) 650-6416  
**Area Agencies on Aging (老年群体):** (800) 510-2020  
**Council on Aging (老年群体):** (707) 525-0143  
**Peer-Run Warm Line** (非紧急情感支持): (855) 845-7415

## 食物

**CalFresh:** (877) 847-3663  
食品储藏室:  
**(Sonoma):** (707) 523-7900  
**(Solano):** (925) 676-7543  
**(Marin):** (415) 883-1302  
**(Napa):** (707) 253-6100

## 就业和资金

**失业保险:** (800) 300-5616  
**Up Valley Family Centers (Napa):** (707) 965-5010  
**Legal Aid of Sonoma County:** (707) 542-1290 或访问 (707) 340-5610 (老年群体)  
**Christian Help Center (Solano):** (707) 553-8192

## 互联网和公用事业

**Comcast Internet Essentials Program:**  
<https://www.internetessentials.com/>  
或 (855)-846-8376

## 放心和支持

**Local Resources and Information:** 请拨打 (211) 或访问 [www.211info.org](http://www.211info.org)  
**Covia Well Connected (老年群体):** (855) 845-7415 或访问 <https://covia.org/services/well-connected/>

# NORTH BAY COVID-19 RECURSOS

## SALUD

**California Department of Public Health:** (916) 650-6416  
**Area Agencies on Aging (Personas mayores):** (800) 510-2020  
**Council on Aging (Personas mayores/Sonoma):** (707) 525-0143  
**Peer-Run Warm Line (apoyo emocional no emergencia):** (855) 845-7415

## ALIMENTACION

**CalFresh:** (877) 847-3663  
Bancos de alimentos por condado:  
**(Sonoma):** (707) 523-7900  
**(Solano):** (925) 676-7543  
**(Marin):** (415) 883-1302  
**(Napa):** (707) 253-6100

## EMPLEO Y RECURSOS FINANCIEROS

**Solicitud de Seguro de Desempleo:** (800) 300-5616

**Up Valley Family Centers (Napa):** (707) 965-5010

**Legal Aid of Sonoma County:** (707) 542-1290 o (707) 340-5610 (Personas mayores)

**Christian Help Center (Solano):** (707) 553-8192

## INTERNET Y COBERTURA DE SERVICIOS PÚBLICOS:

**Comcast Internet Essentials Program:**  
<https://www.internetessentials.com/>  
o (855)-846-8376

## APOYO Y CONSEJERÍA

**Recursos e información local:** Llame al (211) o visite el sitio [www.211info.org](http://www.211info.org)

**Covia Well Connected (Línea de recursos para personas mayores):** (855) 845-7415 o <https://covia.org/services/well-connected/>

# NORTH BAY COVID-19 Ресурсы

## Здравоохранение

**California Department of Public Health:** (916) 650-6416  
**Area Agencies on Aging (для людей в возрасте):** (800) 510-2020  
**Council on Aging (для людей в возрасте в Сономе):** (707) 525-0143  
**Peer-Run Warm Line (несрочная эмоциональная поддержка):** (855) 845-7415

## Продовольствие

**CalFresh:** (877) 847-3663  
**Склады в разных округах:**  
**(Sonoma):** (707) 523-7900  
**(Solano):** (925) 676-7543  
**(Marin):** (415) 883-1302  
**(Napa):** (707) 253-6100

## Поиск работы и финансовая помощь

**Заявление о страховке по безработице:** (800) 300-5616

**Up Valley Family Centers (Napa):** (707) 965-5010

**Legal Aid of Sonoma County:** (707) 542-1290 or (707) 340-5610 (Seniors)

**Christian Help Center (Solano):** (707) 553-8192

## Интернет

**Comcast Internet Essentials Program:**  
<https://www.internetessentials.com/>  
или (855)-846-8376

## Дополнительная информация и телефон доверия

**Local Resources and Information:**  
Звоните (211) или [www.211info.org](http://www.211info.org)

**Covia Well Connected (для людей в возрасте):** (855) 845-7415 или <https://covia.org/services/well-connected/>

# NORTH BAY COVID-19 مصادر

## الصحة

California Department of Public Health: (916) 650-6416

Area Agencies on Aging (كبار السن): (800) 2020-510

Council on Aging (كبار السن / Sonoma): (707) 525-0143

Peer-Run Warm Line (هاتف لدعم عاطفي غير طارئة): (855) 845-7415

## الأكل

CalFresh: (877) 847-3663

مخزن طعام في المنطقه

(Sonoma): (707) 523-7900

(Solano): (925) 676-7543

(Marin): (415) 883-1302

(Napa): (707) 253-6100

## الشغل واللامور المالية

مطالبات تأمين البطالة: (800) 300-5616

Up Valley Family Centers (Napa): (707) 965-5010

Legal Aid of Sonoma County: (707) 542-1290  
أو (كبار السن) (707) 340-5610

Christian Help Center (Solano): (707) 553-8192

## الانترنت ومرافق عامية

Comcast Internet Essentials Program:

أو (855) 846-8376

[www.internetessentials.com](http://www.internetessentials.com)

## الدعم والاطمأنينة

مصادر محلية ومعلوم: اتصل ب 211 أو  
[www.211info.org](http://www.211info.org)

Covia Well Connected

(هاتف مصادر لأشخاص كبار السن): (855) 845-7415

أو <https://covia.org/services/well-connected/>

# NORTH BAY COVID-19 RESOURCES

## Sức khỏe

California Department of Public Health: (916) 650-6416

Area Agencies on Aging (người cao niên): (800) 510-2020

Council on Aging (người cao niên): (707) 525-0143

Peer-Run Warm Line (yểm trợ cảm xúc không khẩn cấp):  
(855) 845-7415

## Thực phẩm

CalFresh: (877) 847-3663

Những nơi cung cấp thực phẩm theo địa hạt

(Sonoma): (707) 523-7900

(Solano): (925) 676-7543

(Marin): (415) 883-1302

(Napa): (707) 253-6100

## Trợ giúp tài chánh và việc làm

Xin bảo hiểm thất nghiệp: (800) 300-5616

Up Valley Family Centers (Napa): (707)  
965-5010

Legal Aid of Sonoma County: (707) 542-  
1290 or (707) 340-5610 (Seniors)

Christian Help Center (Solano): (707) 553-  
8192

## Mạng

Comcast Internet Essentials Program:

(855) 846-8376 hoặc

<https://www.internetessentials.com/>

## Nếu cần sự an tâm và hỗ trợ

Local Resources and Information:

gọi (211) hoặc [www.211info.org](http://www.211info.org)

Covia Well Connected (Đường dây  
và mạng cho người cao niên):

(855) 845-7415 hoặc

[https://covia.org/services/well-  
connected/](https://covia.org/services/well-connected/)