

## LOS ANGELES COVID-19 RESOURCES

### HEALTH

**Bienvenidos Family Resource Center:** 323-274-3075

**South Bay Family Health Care:** 310-327-1357

**Watts Health Corporation:** 323-564-4331

### FOOD

**Foothill Unity Center, Inc.:** 626-358-3486

**Toberman Neighborhood Center:** 310-832-1145

**St. Lawrence of Brindisi:** 323-567-1439

### EMPLOYMENT & FINANCIAL

**Harbor Gateway WorkSource Center:** 310-732-5700

**Toberman Neighborhood Center:**  
310-832-1145

**Watts LA WorkSource Center:** 323-249-7751

### INTERNET & UTILITIES

Information about free or affordable home Internet service

**Everyone One:**  
<https://www.everyoneon.org/find-offers>

### REASSURANCE & SUPPORT

Access programs or services by dialing 2-1-1 or visiting their website. On the website, search for services by address or zip code.

**LA County 2-1-1:** [www.211la.org](http://www.211la.org)

**Toberman Neighborhood Center:** 310-832-1145

**Children's Institute, Inc.:** 323-523-8600

## LOS ANGELES COVID-19 资源

### 健康

**Bienvenidos Family Resource Center:** 323-274-3075

**South Bay Family Health Care:** 310-327-1357

**Watts Health Corporation:** 323-564-4331

### 食物

**Foothill Unity Center, Inc.:** 626-358-3486

**Toberman Neighborhood Center:** 310-832-1145

**St. Lawrence of Brindisi:** 323-567-1439

### 就业和资金

**Harbor Gateway WorkSource Center:** 310-732-5700

**Toberman Neighborhood Center:**  
310-832-1145

**Watts LA WorkSource Center:** 323-249-7751

### 互联网和公用事业

有关免费或负担得起的家庭互联网服务的信息:

**Everyone One:**  
<https://www.everyoneon.org/find-offers>

### 放心和支持

**LA County 2-1-1:** 请拨打 2-1-1 或访问 [www.211la.org](http://www.211la.org)

**Toberman Neighborhood Center:**  
310-832-1145

**Children's Institute, Inc.:** 323-523-8600



# LOS ANGELES COVID-19 RECURSOS

## SALUD

**Bienvenidos Family Resource Center:** 323-274-3075

**South Bay Family Health Care:** 310-327-1357

**Watts Health Corporation:** 323-564-4331

## ALIMENTACION

**Foothill Unity Center, Inc.:** 626-358-3486

**Toberman Neighborhood Center:** 310-832-1145

**St. Lawrence of Brindisi:** 323-567-1439

## EMPLEO Y RECURSOS FINANCIEROS

**Harbor Gateway WorkSource Center:** 310-732-5700

**Toberman Neighborhood Center:** 310-832-1145

**Watts LA WorkSource Center:** 323-249-7751

## INTERNET Y COBERTURA DE SERVICIOS PÚBLICOS:

Información sobre servicios gratis o descontados de internet para su hogar:

**Everyone One:**

<https://www.everyoneon.org/find-offers>

## APOYO Y CONSEJERÍA

Para información y recursos llame al 2-1-1 o visite el sitio y busque servicios según su dirección o código postal.

**LA County 2-1-1:** [www.211la.org](http://www.211la.org)

**Toberman Neighborhood Center:** 310-832-1145

**Children's Institute, Inc.:** 323-523-8600

# LOS ANGELES COVID-19 Ресурсы

## Здравоохранение

**Bienvenidos Family Resource Center:** 323-274-3075

**South Bay Family Health Care:** 310-327-1357

**Watts Health Corporation:** 323-564-4331

## Продовольствие

**Foothill Unity Center, Inc.:** 626-358-3486

**Toberman Neighborhood Center:** 310-832-1145

**St. Lawrence of Brindisi:** 323-567-1439

## Поиск работы и финансовая помощь

**Harbor Gateway WorkSource Center:** 310-732-5700

**Toberman Neighborhood Center:** 310-832-1145

**Watts LA WorkSource Center:** 323-249-7751

## Интернет

Чтобы получить информацию о том, как получить бесплатный или со скидкой интернет дома

**Everyone One:**

<https://www.everyoneon.org/find-offers>

## Дополнительная информация и телефон доведения

Чтобы получить доступ к программам и служб в вашем районе, звоните по номеру 2-1-1 или зайдите на их сайт. На сайте, когда будете искать службы, используйте адрес или код города чтобы отсортировать их в вашем районе.

**LA County 2-1-1:** [www.211la.org](http://www.211la.org)

**Toberman Neighborhood Center:** 310-832-1145

**Children's Institute, Inc.:** 323-523-8600



## LOS ANGELES COVID-19 مصادر

### الصحة

Bienvenidos Family Resource Center: 323-274-3075

South Bay Family Health Care: 310-327-1357

Watts Health Corporation: 323-564-4331

### الأكل

Foothill Unity Center, Inc.: 626-358-3486

Toberman Neighborhood Center: 310-832-1145

St. Lawrence of Brindisi: 323-567-1439

### الشغل والأمور المالية

Harbor Gateway WorkSource Center:  
310-732-5700

Toberman Neighborhood Center: 310-832-1145

Watts LA WorkSource Center: 323-249-7751

### الانترنت ومرافق عامة

Everyone One:

<https://www.everyoneon.org/find-offers>

### الدعم والاطمئينة

اتصل ب 211. أو ابعث خدمات محلية علي الموقع الالكتروني.

[www.211info.org](http://www.211info.org)

LA County 2-1-1: [www.211la.org](http://www.211la.org)

Toberman Neighborhood Center:  
310-832-1145

Children's Institute, Inc.: 323-523-8600

## LOS ANGELES COVID-19 منابع

### سلامتي

Bienvenidos Family Resource Center: 323-274-3075

South Bay Family Health Care: 310-327-1357

Watts Health Corporation: 323-564-4331

### غذا

Foothill Unity Center, Inc.: 626-358-3486

Toberman Neighborhood Center: 310-832-1145

St. Lawrence of Brindisi: 323-567-1439

### استخدام

Harbor Gateway WorkSource Center:  
310-732-5700

Toberman Neighborhood Center: 310-832-1145

Watts LA WorkSource Center: 323-249-7751

### اينترنت

Everyone One:

<https://www.everyoneon.org/find-offers>

### منابع

دسترسى به برنامه وسرويس و شماره گيرى ٢-١-١ يا بازديد كنيد  
وبى سايت و جستجو برآى سرويس وادرس وزيب كد.

LA County 2-1-1: [www.211la.org](http://www.211la.org)

Toberman Neighborhood Center:  
310-832-1145

Children's Institute, Inc.: 323-523-8600

## LOS ANGELES COVID-19 RESOURCES

| Առողջություն                                            | Մնունդ/կերակուր                                   |
|---------------------------------------------------------|---------------------------------------------------|
| <b>Bienvenidos Family Resource Center:</b> 323-274-3075 | <b>Foothill Unity Center, Inc.:</b> 626-358-3486  |
| <b>South Bay Family Health Care:</b> 310-327-1357       | <b>Toberman Neighborhood Center:</b> 310-832-1145 |
| <b>Watts Health Corporation:</b> 323-564-4331           | <b>St. Lawrence of Brindisi:</b> 323-567-1439     |

| Աշխատանքային եւ ֆինանսական միջոցներ                   | Ինտերնետի եւ այլ տնային միջոցների աջակցություն                                                                      | Աջակցություն                                                                                  |
|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <b>Harbor Gateway WorkSource Center:</b> 310-732-5700 | Տեղեկատվություն առկա անվճար կամ ցածր արժողությամբ ինտերնետի համար                                                   | Տեղեկատվական միջոցների համար զանգել 2-1-1 կամ այցելել տվյալ կայքը, որոնք միջոցներ ըստ ինդեքսի |
| <b>Toberman Neighborhood Center:</b> 310-832-1145     | <b>Everyone One:</b><br><a href="https://www.everyoneon.org/find-offers">https://www.everyoneon.org/find-offers</a> | <b>LA County 2-1-1:</b> <a href="http://www.211la.org">www.211la.org</a>                      |
| <b>Watts LA WorkSource Center:</b> 323-249-7751       |                                                                                                                     | <b>Toberman Neighborhood Center:</b> 310-832-1145                                             |
|                                                       |                                                                                                                     | <b>Children's Institute, Inc.:</b> 323-523-8600                                               |

## LOS ANGELES COVID-19 RESOURCES

| Sức khỏe                                                | Thực phẩm                                         |
|---------------------------------------------------------|---------------------------------------------------|
| <b>Bienvenidos Family Resource Center:</b> 323-274-3075 | <b>Foothill Unity Center, Inc.:</b> 626-358-3486  |
| <b>South Bay Family Health Care:</b> 310-327-1357       | <b>Toberman Neighborhood Center:</b> 310-832-1145 |
| <b>Watts Health Corporation:</b> 323-564-4331           | <b>St. Lawrence of Brindisi:</b> 323-567-1439     |

| Công việc                                             | Mạng                                                                                                                | Yểm trợ về tâm hồn                                                                                                                             |
|-------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Harbor Gateway WorkSource Center:</b> 310-732-5700 | Thông tin về dùng mạng miễn phí hoặc giá rẻ tại nhà                                                                 | Truy cập chương trình hoặc dịch vụ bằng cách gọi 2-1-1 hoặc vào những trang mạng của họ. Trên mạng, hãy tìm dịch vụ bằng địa chỉ hoặc zip code |
| <b>Toberman Neighborhood Center:</b> 310-832-1145     | <b>Everyone One:</b><br><a href="https://www.everyoneon.org/find-offers">https://www.everyoneon.org/find-offers</a> | <b>LA County 2-1-1:</b> <a href="http://www.211la.org">www.211la.org</a>                                                                       |
| <b>Watts LA WorkSource Center:</b> 323-249-7751       |                                                                                                                     | <b>Toberman Neighborhood Center:</b> 310-832-1145                                                                                              |
|                                                       |                                                                                                                     | <b>Children's Institute, Inc.:</b> 323-523-8600                                                                                                |